

Scintillating Academic Scene of Avila

by Chris Liberty



Interim '74

Between the end of the First Semester and the start of the second semester there is usually a lapse of over one month. Now at many colleges and universities the academic process screeches to an abrupt halt and remains that way until the second semes-

ter slowly cranks up again. Now for some students the 5 wk. break comes as a welcome oasis away from the rigorous demands of academic life, while for others it is an unnecessary void in their quest for academic achievement.

The Avila College under its unique 4-1-4 Format offers students a real choice with many exciting alternatives on how to spend their winter vacations.

The "one" in the 4-1-4 represents the Interim at Avila. For the Avila student Interim '74 will mean an opportunity to earn credit in an innovative, creative and convenient manner.

The Directors in charge of Interim '74 are Sister Virginia May, Dr. Paul LeMaire, Dr. Elaine Brand, and Dean Richard Scott. These individuals deserve a tremendous round of applause for it is only their fine efforts that has made Interim '74 a reality.

Now about this time many of you are avidly interested in Interim '74 and would like to know how to be able to participate in it. The registration for the Interim was the second week in September. However, the Interim Directors realized that many students at that time were preoccupied with ad-

justing to the hustle and bustle of their daily academic routine that many were unaware or unable to register for the Interim. The Interim Directors are so vitally concerned in accommodating the needs of the students that they have decided to offer a second registration without a penalty charge. The registration for Interim '74 will be held on Nov. 13 in Blasco Hall. If you are a Full-Time Avila Student then you will be able to take the course of your choice for only TEN DOLLARS. The entire cost of registration through completion of the Interim course is only ten dollars, an unparalleled bargain in these days of spiralling college education costs. One of the key points that must be noted is the flexibility of Interim '74. You can take a 3-hour course while you are away from Avila on Independent Study, there will be mini-courses for maximum enjoyment, do an individual project, take a workshop or practicum, get involved in an informal class with a coffee house setting. For those of you who want to find out more about Interim '74, there will be a Forum which will explain in detail about Interim '74, it will be at 7:30 on Wed., Nov. 7 on Lower

Marian, plan to be there.

The Interim features a seemingly endless spectrum of alternatives ranging from a mini-course to a trip to Paris. The interim '74 experiences will be what you want to make it be.

Semester II

It is getting to be around that time of year again when one should start to give some serious thought to the upcoming second semester.

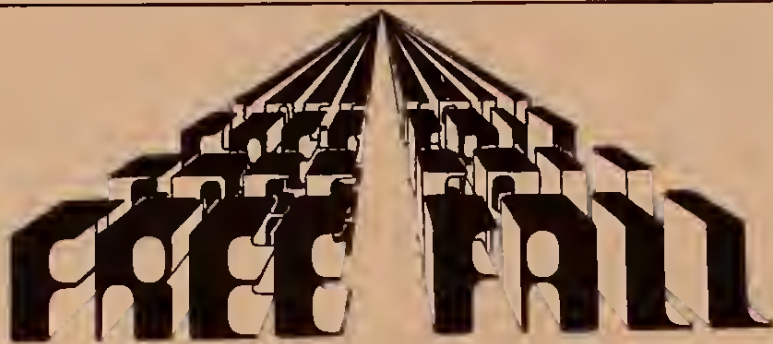
One of the difficult choices that always confronts a student is that of class selection. Often times classes are selected without much real knowledge of what the class will encompass and contain. Preparation for registration is one of the ways to come out with a balanced schedule.

To gain invaluable knowledge in preparing for second semester registration, I highly recommend attendance at the Forum.

The forum will be held at Lower Marian Center on Nov. 7 which is a Wednesday at 7:30 PM. At the forum will be a qualified representative from each department at Avila. In addition these representatives will have print-out sheets which will explain every course-offering in detail.

After the initial presentation at the forum there will be tables set up in Lower Marian which will be staffed by representatives from every department. The representatives will be there to discuss at length the courses and programs available to students and to answer all the questions concerning second semester course offerings, this will also be an excellent opportunity to meet personally many of the professors you will be working with second semester.

For a successful second semester it makes good sense to lay-out the foundation at the November 7th Forum.



November 2, 1973

Volume No. 4

Issue No. 4: A Student Publication of Avila College

Rattling Cages



by J.P.O. Roy 'n J.P.O. Dale

In our continuing theme of themelessness we would like, in this issue, to make a short feature on one of the most interesting, frank and stimulating students on the Avila Campus — St. Louisan, Rita Weir.

We chose Rita because of her willingness to speak out on student life without reservation. Rita is involved in student activities as one of the Co-Chairman of Dorm Government, along with Debby White.

As an inspiration of force and catalyst to action she radiates common sense through a mixture of experience and knowledge, due to constant involvement, and a placidity of thought. In short, if you'll pardon the expression, we have chosen Rita Weir to represent the "Student Body". And now ... heeccccccccc's Rita!

"There is a great deal of talk about the need for another Communications Workshop, already. Really, it is very un-

fortunate that people's priorities have made such a drastic shift from the interpersonal relations and emotional responses of the first week of school to that of placing academic work as sole objective and ultimate goal."

Here we are at Avila with the environment for a very personal atmosphere, yet I still don't know half of the people at the campus.

Perhaps one of the biggest causes for this impersonal atmosphere comes from the inability of different factions to attempt to relate — it's very typical, everybody talking and nobody listening. In fact, the people who complain the most are the ones who never come to any Student Government meetings to air their complaints — it must be frustrating.

The real objective of school is People, not books, or grades, or hangups. Without the People there wouldn't be anything else!"

Mais Ouu

Me an' Dale are pleased that y'all read our last article since Program Board did, as planned, get a unanimous positive response in the three day weekend which they sponsored. That's the spirit!

The Avila football team, with Quarterback John Carver at the helm, tied the visiting Longview Community thugs on Avila's home turf the other week. The rivalry is sizzling now and ranks with the likes of U.C.L.A. and Southern Cal or Bobby Riggs and Women's Lib.

"Gamma Rays", at the Actor's Laboratory Theatre marked a successful debut for new director William Louis and his cast. "The Effect of Lori Cackler, Nina Furst, Brenda Harden, Lynne Beachner, and Colorado Ginsberg on the Paul Zindel drama was of the fine artistic quality which has become the trademark of the ALT Stage Manager John Savage, sound co-ordinator David Frantze, and lighting technicians Roger Farkash, Patty Rice, and

Gail Fitzgibbons deserve high praise, as well, for their efforts on a demanding technical production.

"Oi say, good shew ole man."

There was quite a turnout at the double feature showing of *Dairy of a Mad Housewife* and *Taking Off* at the Lower Marian lounge on Friday night, October 12th. Following the show, after acknowledging the presence of a full moon, John Rasiej went berserk!

The crowd pleasing "Royal Lichtenstein Circus" was back at Avila for another great performance. The "circus" will hopefully become an annual attraction at Avila, to go along with the zoo that is already here.

A handout called "Campus Compass" was recently published which tells students and faculty where to go or whom to see about specific issues and conditions on campus. This brochure is very helpful to all people connected in any way with Avila Campus. If you are interested in picking up a copy of the "Campus Compass", go steal one out of any faculty member's mailbox. We're sure that they won't miss it!

*I pledge allegiance to the bag
Of dollar bills and quarters
And to the amazing rates we pay
As Ridgway and Carondelet borders.*

Our Gang

Needed: Students who like to talk over ideas, projects, gripes, likes, dislikes and their general views of the Student Government of Avila College.

Place: Student Government Association Office:

Monday 10-12
Tuesday 8-12
Wednesday 10-12
Thursday 10-12 & 7-9
Friday 10-12
The Student Steering Committee

meeting is held on *Monday's 12:30 — 1:50 in Room 700, the Group Counseling Room*. All scheduled meetings of the Student Steering Committee, which is the main governing board of the Student Body, are open to students, faculty and administration.

The SSC recently passed a proposal to make Avila College a member of the United States National Student Association. This service organization offers many valuable benefits to students, including a central information file from all member schools, life and health insurance plans, membership in a national book association and pamphlets on various aspects of student life and problems, to mention a few.

A committee is now investigating the feasibility of charging Part-Time Students an activities fee. Now is the time for the students' to voice their opinion on this subject! The Orientation Committee is in the process of being informed and any interested student is urged to take an active part on this committee.

The SSC is a coordinating body of committees with each member of SSC responsible for his area. If you are interested in helping or finding out more about each committee contact the following people:

Tom Gill	Chairperson of SSC
Ciana Mange	Coordinator of Communications
Cheryl Tomek	Coordinator of Resident Students Affairs

Reed Ludwick	Coordinator of Commuter Students Affairs
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Patty Fitzsimmons	Financial Coordinator of SSC
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Marian Kelly	Coordinator of Club and Organizations
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John Carver	Coordinator of Academic Affairs
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Liz Gatton	Jr. Class Rep.
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Randy Burnett	Soph. Class Rep.
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what's goin on . . .

- Nov. 4 Here we go. Let's see if we can shock the R.A.'s once again. There will be a progress dinner? Snack? Something on this lovely first Sunday of Nov. Each floor will do its own thing. And we'll all have one big happy party?
- Nov. 5 Leeet's go. Hit it 1,2,3,4. Bum, bum, bumbumbum, twa deela da da dum it's gym night at Loretto 5,6,7 & 8 dum dee dum, dum dum dadum. GO!
- Nov. 7 What a day this has been, what a rare mood I'm in, Why I feel like going to the pool! — Well you know your prayer has been answered — you can go to the pool — Red Bridge Pool from 7:00 - 9:00
EMOC DNA EVAH NUF!
- Nov. 10 It's another going-to-be-fantastic COFFEE HOUSE. What fun? Really! I know the "kids" that were at the last one are going to be at this one in fact — they can't wait. If you have any talent that is screaming to be known let it scream out to Mary Beth Bazin. She'll love it.
- Nov. 12 Go You Mummies to the GYMMMMMMMMmmmm!
GYM GYM GYM
GYM GYM GYM 7:00 - 9:00
ALSO
The organ concert is scheduled for this day. How about that, two activities all in one day. Busy-busy.
- Nov. 14 Ever tried walking on your hands and decided you just couldn't do it? Well, I've got a secret for you. Come in real close now you can innn ththee WATER. Come on in it's just fine. 7:00 - 9:00 in the Red Bridge Pool.

Check it Out

The Samuel Dodsworth Printing Company will be interviewing on October 9 & 10 at the KRCHE offices, 4901 Main St., for fulltime sales positions. Winter, spring and summer graduates may apply; appointments are requested, by calling the KRCHE office at 561-6693.

Be sure and have all your want-ads, announcements and important info published free in the FREE FALL. Simply drop your ads in the box marked WANT AD on the second floor of Marian Center.

The United States Federal Government hires many college graduates annually. All employees of the government must pass the Federal Service Entrance Examination prior to consideration for hiring. The FSEE is offered only a few times annually. Anyone considering government employment should phone 374-5702 and ask to have an FSEE application and test dates mailed immediately.

A bank teller is needed for a south-side Kansas City bank; interested applicants should contact the KRCHE offices at 561-6693. Hours will be from 1-7PM weekdays and 9-12 Saturdays.

The Kansas City Foundation for Retarded Children needs part-time telephone solicitors to call area businesses and individuals for contributions. Salary or commission; this job will last through December. Anyone interested should contact Mrs. Larry Welling at her office, 1014 W. 39th St., ph. 931-3455.

Golden Greek Sports Spectacular

by Chris "Golden Greek" Liberty

Stylish A's Rip-off Square Mets

The swinging Oakland Athletics put it all together again and won their second consecutive world series, just like the Golden Greek predicted they would.

There is no doubt about who is the best team in baseball now. The Oakland A's defeated the highly touted big red machine last year and this year after beating the Baltimore Orioles, which, is probably the second best team in baseball, simply outclassed the conservative NY Mets.

The A's were powered by the bats of Joe Rudi, Bert "Campy" Campaneris and Reggie Jackson. The clutch pitching performances were turned in by Jim "Catfish" Hunter and the dynamic duo of mod-handle-bar mustachioed Rollie Fingers and mod Darold Knowles, who pitched in every series game. The Mets showed their respect for Oakland's power by walking Gene Tenace eleven times, the only other player to have been walked eleven times was the legendary, Babe Ruth.

The slick fielding A's had just too much speed, strength and strategy over their lesser opponents and once again showed why they are the Champions of Baseball by becoming the first NON-Yankee team since 1929-30 to win back-to-back consecutive World Series. By the way in case you are wondering who won 1929-30 Series it was also the A's.

Tonight the Avila Basketball team will take on the Whiteman AFB team at Whiteman AFB, Mo. The exciting Avila Basketball team will be coached by Larry Smith. Other teams that will tangle with Avila will be MIT at Home on the 15th, Maplewoods, Calvary Baptist College, Rockhurst, Longview among other teams. This will be a First in Avila history. The season is just beginning and it will be one action-packed adventure after another. Stay tuned to this column for more details and information.

Anyone interested in going out for The AVILA BASKETBALL Team contact Larry Smith or Bob Rehder, in the office of Student Life Activities in Upper Marian. 861-9348.

Change Yourself! Only Forty Minutes Daily

According to Jerrie Evans, a local teacher of transcendental meditation with the International Meditation Society, transcendental meditation is a simple, natural, effortless technique which allows the individual to gain deep rest and, consequently, to release deep-rooted stress.

Miss Evans says that the word "meditation" often is thought to involve concentration or contemplation, or a way of life, philosophy or religion. Transcendental meditation involves none of these, but is a completely unique technique.

"Transcendental meditation is practiced twenty minutes, morning and evening," Miss Evans related. "Transcendental meditation is practiced as a preparation for activity. When one practices transcendental meditation life becomes more enjoyable, thinking becomes clearer and more dynamic activity results."

"People find the quality of life improves after beginning transcendental meditation," Miss Evans continued. Apparently so; Harvard researchers, Dr. Herbert Benson and Dr. Keith Wallace, have found that during the twenty minute meditation period dramatic physiological changes occur. The metabolic rate and oxygen consumption rate decrease by as much as twenty percent. Blood chemistry changes interpreted as decreased "stress and anxiety ratio" occur.

In the field of psychology, researchers reported in the Journal of Counseling Psychology that people practicing transcendental meditation exhibit "greater creativity, superior perception of reality, improved interpersonal relationships", among other things. Increased learning ability and

superior "perceptual-motor performance" have been verified. Reports on the effects of transcendental meditation have been published in such prestigious magazines as Scientific American.

"This meditation can be easily learned by anyone; the profound results can be enjoyed by all," concluded Miss Evans. "There will be a free lecture given by a teacher of transcendental meditation in the near future at Avila. Anyone interested in more information should watch for announcements of the lecture, or call 523-5777. All students, faculty, and friends of Avila are invited."

by Tim Shea

Let it Be You

by Mary Jo Westermier

I love you
I want you to notice me
It seems so long since I've said those words
But I mean it with all of my heart
You make me wonder what I am
What I want and how to get it
I'm unsure of myself
I've never experienced anything like this
It's scary
I'm afraid
Tell me it's alright
Make me feel as if I'm wanted
Make it worth my while to know you
Time goes too fast
Slow it down
Let me think of what I want and need
Let it be you

For Your Understanding

Friday, October 13, the Sisters of St. Joseph, the sponsoring body of Avila College, hosted an evening for the Administration, Faculty, and Staff of the College to acquaint them with the history, mission, and spirit of the Sisters, as well as their concept of Sponsorship.

The mission and spirit of the Sisters of St. Joseph was communicated in a multi-media prayer service using slides of the various areas where the Sisters endeavor to make God's love present among men.

The program was a result of recommendations made by a Task Force on Sponsorship composed of members representing the ten states of St. Louis Province. Though the Sisters have contributed large sums of money to the College, the Task Force pointed out that financial assistance alone does not insure sponsorship. To insure sponsorship the Institution must reflect the goals and values of the Sponsoring Corporation. The Task Force recommended that workshops be given for Administration, Faculty, and Staff within a sponsored institution so that those who work with the Sisters might better understand these values and the role of the Sister in the Church today.

The Sisters plan to share with the students their philosophy and vision through a similar program.

Monday Nov. 12 1:00 Room 105
Wednesday Nov. 14 12:00 Room 105
Thursday Nov. 15 12:30 Room 105

Planner's Plans

Stationery, Tootsie Rolls and C.E.C.!

Council for Exceptional Children (C.E.C.) is in the process of fund raising for the general support of their club, as well as for special projects and a trip to New York for the CEC National Convention.

Presently CEC is sponsoring a stationery sale. This is an excellent opportunity for early Christmas shopping! This quality stationery is inexpensive and comes in a variety of sizes and colors. Prices range from \$1.95 to \$3.75.

Order your stationery at the displays in O'Reilly Hall 9 AM - 3 PM and 6 PM - 8 PM and in Lower Marian Center 9 AM - 3 PM — or see Mary Cronin, Room 516, Ridgway, 942-4728 or Rita Weir, Room 215, Carondelet, 942-9965.

At the same time and places CEC will be selling tootsie rolls for the Knights of Columbus. A donation of a dime, quarter, or more would be greatly appreciated.

Some upcoming events that will be made possible because of the fund raising projects are:

October 31 — CEC, under the direction of Mary Newman, will give a Halloween Party for the children at the Developmental Learning Center here on campus. Masquerading in spook costumes, CEC members will lead the children in exciting group activities.

November — A panel of professional speakers is being planned but, details are not yet available!

December — There will be a Christmas Party for the children in the Learning Center and also one for the members of CEC.

Your support is needed. Please remember the CEC Stationery Sale.

The Other Side A Four Letter Word?

by Diana Mange



Aren't you the guy who won the Polka Contest?...

The 'sign' above the door reads: "ACADEMIC DEAN". It is a small sign, hardly noticeable, and the door is wide open. How does one approach the oncoming situation? With Apprehension? With Anxiety? With Frustration? What indeed is beyond that door? Don't be ridiculous! What kind of questions are these? Still one pauses in reflection. "The DEAN'S office... what am I doing here?!" Childhood stereotypes circulate the atmosphere. What was the name of that movie, where the guys meet the girls and get kicked out of school by the Dean? "Wait a minute, I'm not goin' in there!"

Again the mind wanders, piecing together rumors, thoughts and television facts which accumulate into a definite preparatory figmentation which, by all means, is quite liberal in concept. The DEAN OF ACADEMIC AFFAIRS must be at least 6 foot 8 inches, nearly bald and be clothed in a black suit and a heavily starched white shirt. He'll wear a size 13 EE wing-tip shoes and a very thin, bland tie. He'll probably be reading a book on the law of the land and have a very serious scowl on his face. If one gets any answers from him — it will be a miracle!

"GO on in"
"Shouldn't I knock... or something?"

OK — Here goes — prepare yourself... "I'd like to talk with Dean Scott — wait a minute, aren't you that guy who won the Polka contest?"

Richard Scott, the Academic Dean of Avila College stands smiling in evident pleasure that people stop in to talk. He came to Avila in 1964 as a History and Political Science Instructor. He particularly enjoyed teaching because of the interaction with his students. He stressed participatory learning and from that built lasting relationships with the students. When he took on the job of 'Academic Dean' he realized that his daily interaction would be limited, but he was surprised to learn that students were afraid to talk to him. It must have had something to do with the title, for Richard Scott had not changed his ideas about learning. With that he came to realize that it was his responsibility to mingle with the students, which, quite realistically, the title did not demand. He, however understood that he was still a teacher, only in different circumstances. He would always be an educator, no matter.

As Academic Dean at Avila College, Richard Scott is responsible for dealing with academic affairs of both students and faculty, handling the faculty personnel, formulating Departmental Budgets, and co-ordinating the curriculum (which also includes the library). He is actually more directly involved with the faculty than the students (Imagine sending your instructor to the Dean's office!) This is not to suggest that he has nothing to do with the students, however, for he most certainly is on top of all student activities and seeks involvement in all facets of student needs.

His goal, just like when he was an instructor, is still to involve the students in important decisions concerning academics. There are student representatives on The Educational Policies Committee, The Curriculum Committee and Departmental Boards. Three of the most vital Academic Organizations. The students actively take part in decision making which has and will be important to their education.

Dean Scott recognizes Avila as a unique college in that the student/faculty ratio is small enough for individual attention on both the part of the instructor and the student, and that Avila is a college for both Catholics and Non-Catholics, where both impart a way of living and growing to the other.

One realizes when talking to Richard Scott that he makes his job at Avila a fulfilling experience. But what is this? What happened to that ogre earlier depicted? Does an ogre read, play the piano, go to the theatre and dance? Who can say? Does an ogre's family participate in the activities of the school? These questions perhaps cannot be answered!

We're broad minded people at Avila, we enjoy to see stereotypes destroyed — But Must Dean Scott always win the dance contest? He said himself that 'the Dean is a four letter word' — after that last Polka — we may be inclined to agree — He is indeed a four letter word — full of — life!

How Would YOU
like to be on the
"Free Fall" Staff?

It is a most
involving experience —

Contact

Diana Mange
in Room 618, Ridgway
(942-2603)

or

Mr. Paul LeMaire
in Office F, O'Reilly Hall
(942-3204).

Pedagogics in the Humanities

LEE'S SUMMIT JOURNAL
LEE'S SUMMIT, MO.
OCTOBER 18, 1973

There is nothing like a good review to send one's spirits flying. The following is a review which appeared in Lee's Summit Journal, October 18, 1973 regarding the ALT Production of "Gamma Rays".

"Most college theatres attempt difficult plays with mediocre success. This is not the case with Avila's Actors Laboratory Theatre presentation of Paul Zindel's "The Effect of Gamma Rays on Man-In-The Moon Marigolds".

THE PLAY IS A HARD-HITTING EXAMPLE OF A STRUGGLING FATHERLESS FAMILY. The mother, Beatrice Hunsdorfer is caught in a void of wanting the best for her children yet failing to accept the ideas of progress and betterment. Her two daughters, Ruth and Matilda are direct opposites. Ruth is a sassy, energetic girl that is afflicted with epilepsy. Matilda is a drab, ugly duckling-type that is scientifically inclined.

Matilda's experiment with marigolds that are homharded with gamma rays places her in the finals of the school's science contest. When she tells her mother that the parents are to accomodate the finalists on stage, Beatrice responds in anger remarking, "I've got nothing to wear. Do you want them to laugh at me?"

Beatrice finally gives in. The two are ready to leave for the school when Ruth, in a fit of rage, tells her mother that her former classmates are uniting to laugh at her.

Angered by the thought of being laughed at similar to her high school days, Beatrice sends Ruth with Matilda. Staying home, she drinks herself into a berserk state which finds her tearing up the home furnishings and chloroforming the pet rabbit.

Matilda wins the science contest and both girls rush home with the news only to find the house in shambles and their rabbit dead. The shock of finding the rabbit dead sends Ruth into an epileptic seizure. The play ends shortly thereafter on a sad note with little hope for the family in sight.

THE CAST AS A WHOLE GIVES A DYNAMIC AND APPEALING PERFORMANCE. Loretta Cackler as Beatrice gives a sterling characterization of an all-too-proud mother. Her forced laughs, however, tend to hinder her role to the point of being artificial at times. Brenda L. Harden as Matilda and Janine Furst as Ruth give superb portrayals of sisters. Lynne Beachner, in a cameo role, steals the show momentarily with her rendition of Janice Vickery, the girl that tells how she hoiled a cat alive for her science project.

Director Dr. William J. Louis deserves credit for setting the tempo. The epileptic scene is totally realistic and the fast-moving show is truly worth seeing.

"Marigolds", a play that all parents should see, runs through Oct. 18. The ALT is located at O'Reilly Hall on the Avila Campus."

by Jim Hughes
of
Lee's Summit Journal

In Review

by Nanette Mosely

The Exorcist

Speak of the devil? Mr. William Peter Blatty, does in his novel, *The Exorcist* The No. 1 bestselling shocker of the year takes it's readers on a terrifying adventure through the realm of the possessed. The gripping tension and horrifying agony of the child possessed sets you on edge and keeps you turning page after page. It mixes the natural with the supernatural.

The story, set in Washington D.C., does not answer the question of whether the Evil One exists or not but leaves that decision up to you.

The movie version of *The Exorcist* is coming to Kansas City soon, I strongly urge you to see it!

"Jeremy"

Jeremy is a very simple and logical love story involving a couple of sixteen year olds, Jeremy, played by Robbie Benson and Susan, played by Glyniss O'Connor. The movie is set in New York where both are in high school. We sympathize with Jeremy as he tries to get the courage to break the ice with Susan. It seems as if it is love at first sight and after awhile they make love each for the first time. The characters are so clean-cut, youthful and awkward that you may get so caught up in the movie that you may find yourself substituting your own first love in their places.

Inevitably, as all things must, the affair comes to an end when Susan's father takes her out of school and moves to Detroit. It allows us to remember that in some way or another our own first loves eventually went away or we did.

The movie is superbly authentic and sentimental. Learning to love and being loved is still disastrous yet wonderful. This movie is showing at the Blue Ridge IV theatres.

'Man's Humanity to Man'

Let Us

Not

Despair

by Reed Ludwig

How about this, does anybody know where we're all at? Well, I can see one thing, nowhere very close and seeming to drift farther apart all the time. But at the same time I can recollect a time when some of us were a bit closer, a time when we were willing to walk side by side and share each others strife. Oh, but how short lived it all was, the last half of that decade known as the sixties. Cries echoed throughout this great land of peace and it was on many fronts that the cry was heard. Cries to end a needless war which knew no color but red, the red blood that flowed from bodies of many colors. Humanity shouted loud to put an end to inhumanity. One found one man after another asking, crying, for equality and the right to live just like other men. Among those who shared in the others strife an amazing thing happened, the long existing barriers that often separated these people seemed to disappear. And as the barriers disappeared people learned things about each other. They learned that difference was there but the difference need not separate.

However sweet the understanding was it seems to no longer exist. The people who we were fighting beat us, sometimes out-right but mostly from within. They undermined our very existence, they played to our greed, our base emotions, they divided us and conquered. What was done by these ranks of human being who once believed in a more humane world? They ran, and now they say things like you, me, or all of you over there. No we don't see togetherness any more and maybe its because we never really experienced enough of it to know what it is really like. The way it looks now is that we will just go on building bigger and better barriers and drift farther and farther apart without every trying to find reconciliation. But I can't help but remember the shouts like these; "I have a dream," "All we are saying, is give peace a chance," or maybe this says it a little better:

"Love is but a song we sing, and fear's the way we die.
You can make the mountains ring, or make the angels cry.

Tho' the bird is on the wing, and you may not know why.
Some will come and some will go, and we will surely pass,
When the one who left us here returns for us at last.

We are but a moments sunlight fading in the grass.

If you hear the song I sing, you will understand.
You hold the key to love and fear, all in your trembling hand.
Just one key unlocks them both, it's there at your command."

So let us not fear the other but see him as he is. I believe that it can be done at no personal loss, no loss of any kind. Just the gain of understanding.

"Your Umbrella,
Press the Button
Falllooooooommm!"

Words Never
Heard
May Never
Come Again

by John Lenhart

Words never heard may never come again.
And words never heard may never come to show
The too much of a silent stand and no one knows.

Sad trend about now — "can't",

Though the choice may not come to be first,
It comes must to be at a time when worst maybe
best, maybe, maybe worst.

Really not peculiar at all though, is it?
The trend?
Deafness breeds it all times, I've heard.

Too weak to say "I've done all that I can."
Too easy to say "No more, it's no use."
Too nothing to say "I can't, let's not talk about it, friend."

Words never heard may never come again.

Forever

by Mary Jo Westermier

Sing, sing a song of joy,
To let the people know we care.
When we walk by, they turn their heads
They look at us and smile.
They know about the love we're sharing
They know about the starlit nights, the kisses
and the joys,
Because we share a love that is shared by all lovers.

Those were the days, my love, so long ago.
The sunshine's out of my life now.
The happy moments, the starlit nights.
The kisses and the joys
Are now forever gone
Somewhere far beyond.

The Sun Rises

by Mary Jo Westermier

The sun sets with a beautiful glow
of red and orange and yellow,
Even pink and purple.
It all shows just how lovely life can be
If you give it a chance,
Your life may be hard to bear,
But put yourself into it and
All will come out.

The blossoming yellow daffodil
Brings life and color into this drab world,
Put some sunshine in your life
By sharing and caring,
And most of all by giving
What you've got.
Love someone
Your little light will help turn on all other
Little lights.
It will brighten up the world.
Just wait and see.
Don't worry if you're the first
The first is the hardest,
But it is all very worthwhile
Try it and see
Won't you?

The Second
Coming Round

by George J. Thomas

She comes to me now with far greater promise
She used to abuse me — not care.
She jara the spirit, wild reveries, she'll entice.
Her spirit, lighter than mine, like air,
Causea such joy.
She once caused such despair.

Oh, I suppose It'll be like before:
Once I'm found out, out the door
I'll go ainging softly that aad song
That comes when, in you, love doesn't belong
And set you wrenching in a caat of self-pity
While crying and dying within, you beg for more.

Look how she looks at me now, with rare blue eyes.
Look how her abuse abuses her now.
Look with discretion, take care, heed advice!
Her love takes my mind off mine, but how
Sweet the ploy.
Look. She recalls my fault, and laughs aloud.

Do you suppose...? No, it don't seem to jive
What her loosed spirit makes mine so alive
And well, — singing sweetly that new song
What comes when, in you, love's song responds
And pours in peace and humility.
Chuck the fear! Forget the self-pity:
true love is found.

To: Red

From: Josephus

ALL CAN HEAR, BUT ONLY
THE SENSITIVE CAN UNDER-
STAND... THANK YOU FOR
UNDERSTANDING.

A Friend

A Friend? You tell me. It's not so easy.

Remember your first friend?

Probably not and it isn't even that important.

What's important are the frienda you have now.

I have a special friend, which I hope everybody has, that I tell everything to or will in time.

I remember last year

I'd look at her from across the room or what ever and wonder "how can I get her friendship, buy it? how?"

I needed a friend I could talk to who would listen without inserting little things when something I'd say would bring back a memory for her.

Well, it took time just like anything worth while does.

Who was it that said;

"Friendship is a plant of slow growth"? We came to trust each other in a way I know I'll never trust anyone else.

We'd do anything for each other and even give up our most prized possession which I only found out was so, today.

We have the-best-times together and the worst because we know we are the only ones that can see each other at our worst.

When one's depressed the other senses it and tries to help in the best way for the situation. Maybe a lengthy discussion, maybe a little something extra to brighten up even the smallest moment in such a day.

The feeling — a whimpering cry inside and there is, silence.

You sit for hours under the stars in your special place that no one else knows about. It's yours all yours to capture small — big priceless moments.

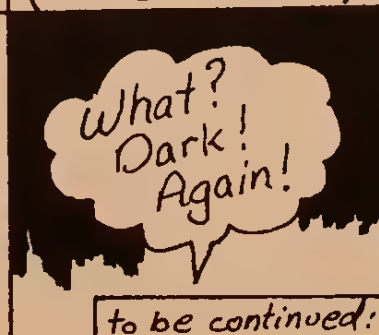
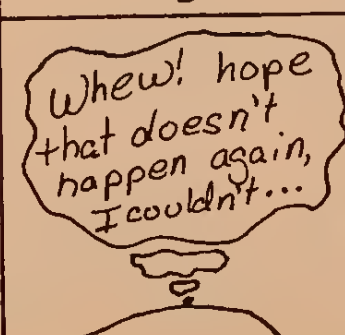
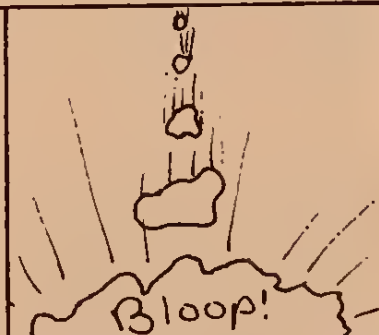
I have hit on only the essence of this special kind of a friend. You will know when you've found yours just like I did. And that small inside cry will be there. Let her see it.

A friend?

You tell me.

by Brenda Harden

Ingoble: Lore of the Lotus



to be continued:



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ALT is proud to announce the appearance of Vincent Dowling as a guest speaker on theatre in ALT on Nov. 14th from 3:00 — 5:00 PM.

VINCENT DOWLING

Actor-Director, Abbey Theatre, Dublin, Ireland

1973 Directed American Premiere of Syd Cheate's STRAIGHT UP at Missouri Repertory Theatre, Kansas City

Artistic Director Peacock Theatre, Dublin

1972 Holder of the Cockefair Chair of Continuing Studies, University of Missouri-Kansas City; Director, Missouri Reportary Theatre.

1971 Deputy Artistic Director, Abbey Theatre

1969 Artist-in-Residence, Loyola University, Chicago

Began stage career in 1951 at London Comedy Theatre, "My Wife's Lodger." From 1952-53 toured England, Scotland and Wales. Has been at the Abbey Theatre from 1953 to present.

EXPERIENCE

Acting: Over 100 major roles including every famous Abbey Juvenile part and some character parts, among which are: The Playboy in Synge's "Playboy of the Western World"; Larry Doyle in Shaw's "John Bull's Other Island"; Hastings in Goldsmith's "She Stoops to Conquer"; Edmund in O'Neill's "Long Day's Journey into Night"; and Richard in "As, Wilderness". Compiled, directed and acted in "Irishmen Make Lousy Lovers."

Television: Plays, Biblical pageants, panel games, guest star on TV series and a leading part in England in 1968 as a cockney in "30 Stretch" for Rediffusion.

Radio: Produced, wrote and played in commercial programs.

Films: Parts in at least eight films. "Young Cassidy", "Boyd's Shot", Walt Disney's "Guns in the Heather", "Ring of Kerry", "Johnny Nobody".

Direction: Directed O'Casey's "Shadow of a Gunman" at the Florence Festival in 1968 and awarded "Producer of the Year" by Irish papers. Also directed "Let Freedom Ring" at the Olympia Theatre; "The Orphan's", an original Irish play by Tom Murphy at the Gate Theatre in Dublin; Brian Friel's "The Gentle Island", Olympia Theatre, Dublin, 1972; "Children of the Wolf" by John Peacock at the Dublin Theatre Festival and the Apollo Theatre in London's West End in 1971 starring Yvonne Mitchel and many other major productions at the Abbey and its Experimental Wing, the Peacock Theatre. Other than "The Shadow of a Gunman", all the remaining plays mentioned were world premieres as were "The Becauseway" by Leslie Burrowes, "The White House" by Thomas Murphy, "The O'Neill" by Tom Kilroy, "The Shame of It" by Anthony Cronin. At present, he is preparing the first production of Wilson John Haire's new play set in Northern Ireland "Bloom on a Diamond Stone" for presentation at the Abbey Theatre.

Mr. Dowling was responsible for introducing the Abbey Theatre Playwrights Annual Bursary.

This year (1973), Mr. Dowling was given THIRD PREFERENCE STATUS by the U.S. Government, that is: classification as a person of unique talent and of special value to the cultural life of the United States.

Publication: "The Irish Agony: An Artist's Perspective" PERSPECTIVES, Vol. IV, Fall 1973. (William Jewell College)

Everyone is invited to attend the lecture. We of ALT are certain it will be extremely worthwhile and enjoyable.

For Real Music Minds

by Josephus

Being situated across 110th Street causes a problem for some of the devoted listeners of KPRS Am and Fm radio station. I shared this problem for a while and for those of you who have not yet remedied the situation I offer temporary relief. Listed below are the current top 20 soul recordings and their artists. Also listed are albums you may want to check out and add to your list.

TOP 20 SOUL RECORDINGS — KPRS

1. Let's Get It On - Marvin Gaye
2. I Wanna Know Your Name - Intruders
3. Love's Maze - Tempres
4. Never Let You Go - Blood Stone
5. Ecstasy - Ohio Players
6. Hurts So Good - Millie Jackson
7. Never Gonna Give You Up - Barry White
8. Gotta Find A Way - Moments
9. Midnight Train to Georgia - Gladys Knight & Pips
10. Love I Lost - Harold Melvin
11. Keep On Truckin' - Eddie Kendricks
12. Sexy, Sexy, Sexy - James Brown
13. Yes We Can Can - Pointer Sisters
14. I Wanna Come Back - Emotions
15. Show and Tell - Al Wilson
16. Fell For You - Dramatics
17. Some Guys Have All the Luck - Persuaders
18. Special Part of Me - D. Ross - M. Gaye
19. Theme from "Cleopatra Jones" - Joe Simon
20. The Love We Had - Jerry & Brenda

JAZZ — for the HEAVY

1. Space Race - Billy Preston
2. Sugar Cane - M.G.'s
3. Party - Maceo and Mack
4. Hot Mud - Afrique
5. Saudade - Cannonball Adderly
6. What's Going On - Les McCann
7. In the Wee Hours - Hank Crawford
8. Pillow Talk - Lou Donaldson
9. When You're Near - Bobby Hutcherson
10. Soul Serenade - Bill Hemmans

JAZZ — SOUL

1. Let's Get It On - Marvin Gaye
2. Head to the Sky - Earth Wind & Fire
3. 3 + 3 - Isley Brothers
4. Fully Exposed - Willie Hutch
5. Joy - Isaac Hayes
6. Imagination - Gladys Knight & Pips
7. Smokey - Smokey Robinson
8. Succotash - Herbie Hancock
9. Killing Me Softly - Roberta Flack
10. Pointer Sisters - Pointer Sister
11. Ecstasy - Ohio Players
12. There's No Me - Manhattans
13. Innervisions - Stevie Wonder
14. Renaissance - The Miracles
15. Soul Makossa - Afrique

If you can really dig on some R & B, then you can really dig on these: — 45's.

1. Cheaper to Keep Her - Johnny Taylor
2. Jesse - Roberta Flack
3. You're Gonna Miss Me - Ann Sexton
4. I Can't Stand the Rain - A. Pebbles
5. To Know You is to Love You - B.B. King
6. I Can't Leave - B.B. King
7. My Mind Messed Up - Q. Elegance
8. What It Is - Little Milton
9. Gone for Good - Bobby Bland
10. Right or Wrong - Jerry Washington

ALBUMS — ROCK

1. American Band - Grand Funk
2. Cosmic Slop - Funkedelics
3. Fresh - Sly and Family Stone
4. Ma - Rare Earth
5. Deliver the World - War

GOSPEL — for the STRONG GOSPEL — for the WEAK GOSPEL

1. Poor Boy - Cleophus Robinson
2. To Close - Pilgram Jubilee Singers
3. I'm Traveling On - Soul Stirrers
4. A Leak in this Building - E. Franklin
5. Gone to Far - Sales Travelers
6. Get Up My Brother - Shirley Caesar
7. All My Help - Bright Stars
8. Rise Up and Walk - Carver Heigh
9. When He Calls - Clarence Fountain
10. The Hem of His Garments - J. Jones

P.S. The best price on 45's is "GRANTS" in downtown K.C., Mo. — .64. The best price on LP's is "JONES STORE" in downtown K.C., Mo. — \$3.87 (most). Music makes it better.



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The Quick Brown Fox

Jonathan Livingston, I Presume .

Upon attempting to philosophize and/or theorize within the realm of my existence, I find myself steadily growing toward not growing at all. I have become stifled by my own creativity, which results in confusion as well as frustration. My thoughts, at the present, encompass a vast scope of questions which I realize may or may not be answered during the span of my lifetime.

I am indeed not unique in my questioning, though some would believe it so, for I know that with all my eccentricities I am quite normal, if I might use that phrase.

There is a pressure mounting steadily within our community, which is, to some naively unacknowledged and to others quite deliberately ignored. But, before jumping to conclusions about the "certain beginning of a revolution which has long awaited explosion", go gently into the eye of the hurricane, for within there is peace. Must we continually judge before we hear the whole story? When Jonathan Livingston flew into our lives we sighed in identifying reflection. How well we know the story! How delighted we are with the outcome! How inherently inspirational those varied shots of a seagull are within the individual depths of our souls.

Inherently Inspirational indeed, for we continue to judge, we continue to war, we continue to run away to hide our heads in the sand. Jonathan Livingston Seagull has his heart-felt moral, but perhaps Oliver Stanley Ostrich gives a more accurate account of the situation.

Upon occasion I have found myself overwhelmed at the pressure that one man exerts upon another. Periodically I analyze the situation and invariably find myself encompassed by more questions and greater confusion. I see the statue of "The Thinker" positioned directly across from an IBM Institute of Technology and I feel ill at ease. One lone tree grows between the neatly constructed concrete sidewalks and I worry about its roots. The flowers thrive where they will on window sills and on institutional desk tops. Again, I wonder. Perhaps it is only my mind which cannot correlate the antithesis. But, then, these are only thoughts which gather by the end of the day. Thoughts they are, and thoughts they will remain.

Realizing that just such thoughts may easily result in absurdity, (Begging the pardon of The Quick Brown Fox Searcher) I have grown to understand that thoughts are merely extensions of one's being. It is no longer a question of understanding, but rather a hope for brief encounters.

Why is it that man craves progress yet instinctly shies away from the unfamiliar? Why does man scorn his fellow man who is not afraid to try something new? Why does man avoid answering these questions?

There must exist, as time and hard experience prove, something more powerful than man which strives to crush all leisurely wandering of one's mind.

A man professes proudly "I am free", all the while cowering to another's beliefs. We are so conscious of what others think that we hide our heads . . . in various places.

"I can not say what I really believe because so-and-so might misinterpret it."

"There are just certain things one can and cannot do."

I have led you out into a wilderness of thought with several different possibilities of conclusion. I could leave it hanging, moral tag-it, or pose a temporary suggestion of acceptance. I might do any of these, but I will do none for I have stated that thoughts are free to wander.

We are all victims to the mid-term blahs in some way or another. Our thoughts seem stifled and bogged down. But, no matter, we continue to think and thrive in our private make-believe worlds.

In reflection, perhaps 'He is thinking of something far greater and much more advanced than IBM. Maybe the roots are carefully building enough strength to split the foundation. The flowers, well, the flowers will grow — and spread their seeds and continue to grow — and so will we. After all, Oliver may learn something from Jonathan. Soon he will grow tired of burying his head in the sand. Then, maybe, just maybe . . . he'll understand.

Understand what? The message of:
"Jonathan Livingston, I presume"

Giana Mange



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Lies
Afresh
In
New
Encounters

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